



August 4, 2009

TSXV-MMS

MACARTHUR MINERALS LIMITED ISSUES STOCK OPTIONS

Vancouver, BC – **Macarthur Minerals Limited** (TSXV-MMS) announces that, pursuant to the Company's Stock Option Plan, a total of 520,000 incentive stock options have been granted to certain directors, officers and consultants of the Company, in accordance with TSX Venture Exchange Policy 4.4. The options are exercisable at a price of CDN\$1.00 per share. The options have a term of five years.

On behalf of the Board of Directors,

MACARTHUR MINERALS LIMITED

"David K. Barwick"

David K. Barwick, President, Chairman & CEO

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